



Kia ora!

BULLS NEIGHBOURHOOD PLAY SURVEY

We're working on a project to better understand how the tamariki who attend Bulls and Clifton Schools like to play, and how we can help grow opportunities for children to play in the Bulls community.

We've asked tamariki what they think and now want to hear from the adults in the community! Whether or not you have children at home, we want to hear your thoughts on how to make your community more play-a-bull.

PLEASE RETURN YOUR COMPLETED SURVEY AT THE DROP BOX AT TE MATAPIHI,
OR SCAN THE QR CODE TO FILL OUT THE FULL SURVEY ONLINE



Are you a parent/caregiver of a child who attends Bulls or Clifton Schools?

☐ Yes, Bulls School ☐ Yes, Clifton School ☐ No

Overall, how playful do you think Bulls is? (please circle)

Not at all A bit Average Good Amazing

Do you have any safety concerns for tamariki playing independently (without supervision) around Bulls?

What do you think would make Bulls a better place for kids to play?

The survey is anonymous, but we may use your comments in our report. If you have any questions about this survey or project, please contact
whitney@sportwhanganui.co.nz.

THANKS FOR YOUR TIME!



February 2024



Issue 209

BULL•IT•INN

Te kawerongo ō Bulls

Fest-a-Bull

FREE Family Entertainment

SAT 10 FEB

Te Matapihi, Green Space & Hall
10am to 5pm

LIVE MUSIC
BALLOONS
FACE PAINTING
DISPLAYS & MORE

PLEASE DO NOT TOUCH
SAMBA AO VENTO & MORE

Entertainment
All Day



JBS Dudding
Charitable Trust
Managed by Public Trust

Pub
Charity
Limited



YOU HERD IT HERE



Happy New Year everyone!

We have hit the ground running with big plans for events, our youth and collaborating with multiple groups to better our community.

The first big event is the **Fest-a-Bull** . . . Join us for a FREE Unforget-a-Bull day at Te Matapihi.

We've lined up a variety of homegrown acts to keep you entertained throughout the day from 10am to 5pm. From musicians to performers, balloon twisting, face painting, there's something for everyone. But the fun doesn't stop there – we've planned engaging activities throughout the day to add an extra dose of enjoyment.

To showcase the richness of our community, we've invited local community groups to set up display stalls. It's a fantastic opportunity for you and your whanau to discover the cool things happening right here in our community and district.

Clifton School are doing a sausage sizzle fundraiser on site, bring some change to support them.

So, bring your curiosity and enthusiasm, and join us for a day filled with local talent, exciting activities, and a closer look at the wonderful initiatives shaping our community. See you there!

Keep an eye on our Face Book page Bulls NZ [Facebook](#) for updates on other exciting things the Trust is doing in the community and please reach out if you have a suggestion, want to volunteer or just know what we have planned.



Take care and keep smiling, from Heidi :-)
Your community co-ordinator

Have you heard about our Community Van?

The Bulls and District Community Trust has purchased a 12 seater van, a community focused approach for those who have transportation challenges. We want to ensure that you, your whanau, or your community groups will get to where you need to go.

Shortly we will be arranging outings which can include visiting attractions such as botanic gardens, local clubs and dining venues, movies, local markets and events, and of course shopping days.

There is a minimal cost, please contact to discuss.

For more information and booking enquiries please call 021 174 5951 or email office@bulls.kiwi




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Workday your way



WELCOME TO THE BULLS RSA

55 High Street, Bulls 06 322 0875

New members are always welcome, come on in and have a look around.

Annual Subscription is \$40. Our opening hours are as follows:

- ◆ Monday closed except for Public Holidays
- ◆ Tuesday/Wednesday/Thursday 4pm till close
- ◆ Friday 3pm till close
- ◆ Saturday/Sunday 1pm till close

Our low membership fee of \$40 gives you the following benefits:

- Monthly birthday draw – put your names into the container, if it's your name drawn a \$30 bar tab is loaded to your membership card.

- Membership Draw – Friday nights between 6.15 and 6.30pm (must be present to claim)

- Plus Saturday Nights between 4pm and 6pm is a 2nd Membership Draw (must be present to claim)

- Joker Draw Friday nights 7.00pm \$500 Jackpot.

- Access to all affiliated clubs in NZ

- Courtesy Van available.

- Karaoke the last Friday of the month.



Courtesy Van

Courtesy Van available, donations welcome to help with the upkeep/fuel when it is in use.

WEDNESDAY NIGHTS

Texas Holdem Poker

THURSDAY NIGHTS

Handle night, \$5.50 between 4-8pm

FRIDAY NIGHTS

Darts, Pool, Meat and \$50 Raffles

Poppies Kitchen—Friday Nights

We do not have 3 course meals, but we do have Poppies Kitchen



Kia Ora Koutou

School is about to start for 2024, so I am asking you to please sit down with your tamariki for just 5 minutes and explain that being very tall, short, chubby, skinny, black or white is no joke, and that you should not tease other kids if you think they are one of those!

That there is nothing wrong with wearing the same shoes every day, or in fact wearing no shoes at all!

Explain to them that a used backpack, or brown paper bag carry the same dreams, and do the same job as a new one,

Teach them not to exclude someone because they are "different" or do not have the same opportunities as others. Explain that teasing hurts...and that they go to school to LEARN, NOT to compete.

It's *AT HOME* that tamariki should learn to say:

- 01 - Good morning
- 02 - Good afternoon
- 03 - Good evening
- 04 - Please
- 05 - With your permission
- 06 - Sorry
- 07 - Forgive me
- 08 - Thank you very much
- 09 - Thank you
- 10 - I was wrong

Still *at home* we learn to:

- 01 - Eat everything
- 02 - Do not talk with your mouth full
- 03 - Have personal hygiene
- 04 - Don't throw litter on the ground
- 05 - Help parents with their daily chores
- 06 - Don't take what doesn't belong to you
- 07 - Be content with what you have
- 08 - Work honestly to earn a living
- 09 - Dress with modesty

It's *AT HOME* that we also learn to:

- 01 - Be honest
- 02 - Be punctual
- 03 - Do not insult
- 04 - Be polite
- 05 - Respect everyone: friends, colleagues, elders, teachers, authorities

At home we still learn to:

- 01 - Get organized
- 02 - Take care of your belongings
- 03 - Do not touch other people's belongings
- 04 - Respect the rules,
- 05 - Speak your mother tongue(s), master your culture and spirituality

YOU AND I HAVE THE SAME VALUE! EDUCATION STARTS AT HOME
Because *AT SCHOOL* teachers should teach: Mathematics, English, Science, Health and Physical education, Art and Music, Well Being, Te Ao Maori, Tikanga me Te Reo Maori.

Support their growth of self esteem and confidence - Be proud of who they are.
And only reinforce what the tamariki have learned *AT HOME*!!! Because it is from what we have learned *AT HOME* that the individual will be respected, that he will respect life.

Aroha Nui
Pat Newman Principal

Do-A-Bulls In & Around Bulls

3 February Rangitikei Shearing Sports
4 February Do A Duathlon Series
5 February Youth Club Starts 2024
10 February Fest-a-bull
10 & 11 February Camp Fest
13 February St Johns Youth Stats
7 April Marton Harvest Fest-  val
28 April Suzuki 4x4 Challenge
4 July Wear-a-Bull Arts
8 - 14 July Art 4 Arts Sake

READ-A-BULL

Bulls Book Club meet at the Bulls library, Te Matapihi on the 1st Tuesday of every month.

All Welcome!!



Marton Contract Bridge Club
64 Pukepapa Road
martonbridge@gmail.com

Ever wondered what Bridge is all about ?

Come along to our open days on the 28th January and 4th February, 10.45 to noon for an introduction to Bridge. A card game for life.

A learn to play Bridge course will start on 6th March 2024
(Details will be advertised separately)

WEAR- A-BULL ARTS AWARDS


4th July 2024

WE ARE WANTING YOUR HELP!!

Please email office@bulls.kiwi or text 021 174 5951 if you want to be apart of this fun event, on the night or behind the scenes.



Council News

0800 422 522 (24 hrs) | info@rangitikei.govt.nz |  RangitikeiDC

Southern Ward by-election

Rangitikei District Council is required to hold a by-election for the Southern Ward, following the resignation of Cr Jarrod Calkin on Thursday, 7 December 2023.

Council opened nominations for the by-election on 18 January 2024. Nominations must be submitted to the deputy electoral officer/official before noon on **Thursday, 15 February 2024.**

To stand as a Southern Ward Councillor, candidates must be:

- a New Zealand citizen (by birth or naturalisation ceremony); and
- enrolled as a Parliamentary elector (anywhere in New Zealand); and
- Nominated by two electors whose name appear on the electoral roll within the respective ward the candidate is standing for.

The election will be held between Thursday, 21 March 2024 and Friday, 12 April 2024.

If you are interested in standing for Council and have any questions about the nomination process, or being a Councillor in general, please call us on 0800 422 522 or see our website www.rangitikei.govt.nz/by-election-2024-southern-ward.



Slow the Flow
use less h₂O

While our water levels are not critically low, we're asking everyone to make small changes to help save water!

It's understandable that water consumption has been quite high across the district. The summer weather is great, but reduced rainfall can put a strain on our water supplies.

There are some simple things will help us conserve water over the next few weeks, and hopefully reduce the possibility of water restrictions being needed.

Check out our website for conservation tips;
www.rangitikei.govt.nz/news/2024/water-conservation-january-2024

Use a little **less** and make a big difference



Hapori whānui/Community Groups



ST THOMAS'S CHURCH

Dundas Road, Sanson

CRAFT FAIR & CHURCH OPEN DAY

Saturday 10 February 10am – 3pm

Stalls: Knitwear, various crafts,
model trains & planes

Refreshments available.

Church: Open to view, see the unique
construction of this historic church

Gold coin donation appreciated

Cash only – Eftpos not available



TE WHAEA AROHA NOA

The Parish of Our Lady of Grace

HOLY MASS

EVERY THIRD SATURDAY

AT 5.30 PM

10 DANIELL STREET, BULLS

PH: 021 201 1203



ST JAMES PRESBYTERIAN CHURCH

DANIELL STREET BULLS

*Church services on the 4th
Sunday of the month at 9.30am
All welcome,
with morning tea to follow.*

Do-A-Bulls In & Around Bulls

"FREE"

BULLS YOUTH CLUB

"FREE"

BROUGHT TO YOU BY THE BULLS & DISTRICT COMMUNITY TRUST

After School During The School Term

STARTS BACK February 5th

**MONDAY 4 - 5pm Art Class
@ Te Matapihi**

**TUESDAY 3 - 4pm Minecraft &
4 - 6pm DnD @ Te Matapihi**

**WEDNESDAY 3 - 5pm Multi Sports
Ages 9-13 @ Te Matapihi
Bulls & Marton face off in a
competition on 13th of March**

**THURSDAY 3.30 - 5.30pm
Bowling @ Bulls Bowling Club**

**FRIDAY Community Van trip
leaving from Te Matapihi
@ 3.30pm returning 5.30pm**



Do-A-Bulls In & Around Bulls

CAMP FEST 2024

Join us at Camp Fest in the Bulls Domain 9 to 11 February. Come on down to our Market Day on the Saturday (9 to 3) or the Saturday Night Live Music from 5 to 10 (\$10 per Family) Food and drinks on site.

Stall holders welcome.

- Maybe bring your tent or camper for the weekend.
- Last year's event was so successful we are proud to be back.

www.campfestnz.org email info@campfestnz.org

Market Day Bulls

Domain

9am to 3pm

10 February

Craft, food
and
commercial
stalls



With Live Music,
5pm to late

- \$10 surcharge for evening entertainment per family
- Bar open

Bulls CAMP FEST 2024

www.campfestnz.org - e: info@campfestnz.org
Come camp with us

Hapori whānui/Community Groups

STEADY AS YOU GO® (SAYGo) Preventing Falls

*Designed for Men and
Women*



Come along and have a go!

BULLS FRIENDSHIP HALL
10am-11am Wednesdays

Enquiries:

Janet Lewis

Steady As You Go®

Coordinator

Phone: 06 3451799

saygo@acwhanganui.org.nz

Starting 31 January 2024

Did You Know

Falls are the most common cause of injury in older people

One third of people over the age of 65 fall each year

Half of people over 80 fall each year

Falls in older people are almost always associated with weakened leg muscles and poor balance

Falls are not a natural part of ageing

You could save yourself from a fall by attending a SAYGo class and improving your strength and balance

Falls ARE preventable!

SAYGo improves.....

*Balance and leg strength | *Flexibility

*General fitness and wellbeing

SAYGo has been shown to provide continuous improvements in strength and balance over time in 56 much-loved community based ongoing Peer led classes



Classes are one hour each week | \$3 per class

Every Wednesday

Hapori whānui/Community Groups

BULLS AIR SCOUTS



We are now taking enrolments for 2024

Keas 5yrs – 8yrs Cubs 8yrs – 11yrs Scouts 11yrs – 14yrs

Leaders and Adult Helpers over 18yrs always welcome
Police vetting is required for youth safety

Scout nights are Monday's 6pm till 8pm (School terms)

Contact Lynell Arnott – bulls@group.scouts.nz

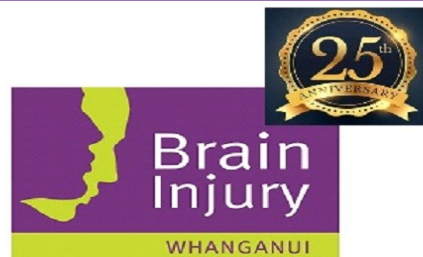
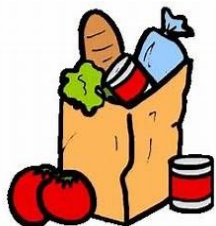


The Bulls Food Pantry
OPEN FRIDAY
from 3.30pm-4pm

ST JAMES PRESBYTERIAN CHURCH HALL
ON
DANIELL STREET

All are welcome!

If you have any donations please call:
Annabel on 027 448 3777
or email office@bulls.kiwi



We act as a support service for those who need advice, direction, and assistance with their day-to-day management of a brain injury.

- Liaison Officer
- Support Groups for Clients & Whanau
- Information and Resources about Brain Injuries
- Advocacy service
- Area Whanganui-Waverley-Waimarino-Rangitikei

Community House, Room 104,
60 Ridgway Street | PO Box 102, Whanganui
4541

P 06 347 9721 | M 027 227 1202
E liaison.whanganui@brain-injury.org.nz
FB @BIAWhanganui

Every day, 90 New Zealanders sustain a brain injury
– there's help on hand

Do-A-Bulls In & Around Bulls

Tuesday 13th February is their first meeting.



Join
**ST JOHN
YOUTH**

Young people developing their potential through leadership,
hauora and engaging in their communities.

St John Youth is for all young people aged 5 to 18 years, so come
and learn, connect and grow with us.

Marton Division



Tuesday



6:30pm - 8pm



St John Complex Marton
403 Wellington Road, Marton

youth@stjohn.org.nz | 0800 ST JOHN | youth.stjohn.org.nz



Travel can be arranged by the Trust if we get a few children, please let
us know via text 021 174 5951 or email office@bulls.kiwi

Do-A-Bulls In & Around Bulls



MARTON JUNCTION

Axeman's club

WOODCHOPPING AND SAWING

Date: 10th February 2024

LOCATION: MAD TOMS CARPARK

TIME: 9:00 am Start

free entry to all spectators



Hapori whānui/Community Groups



THE BULLS TOY LIBRARY

Located at 198 Bridge Street, Bulls (in the Anglican Church hall)

Happy New Year // Ngā mihi O te tau hou!!

We hope you all enjoyed a well deserved break and that you've been making the most of this warm weather!

We are back to business as usual now!

If you haven't popped in this year yet, here's a reminder of our hours:

Tuesday's: 3:00 - 5:00pm

Saturday's: 9:30 - 11:30am

Our Bulls Toy Library was originally started in 1997, and then closed for 10 months in 2016, and reopened in July 2017.

Since then we have seen hundreds of kids grow up using our toys.

We aren't like a regular book library, which is government funded. We are driven by a group of volunteers who love what we do.

We always welcome new members - Come on down and say hello! Maree and Julianne they will be happy to see your smiling faces!

You can also sign up online at: <https://bullstoylibrary.setls.com.au>

Find us on Facebook to keep up to date!



BULL-IT-INN ENQUIRIES

March articles or adverts need to be submitted by the 23rd of February to office@bulls.kiwi

BULL•IT•INN

lamberts

BUSINESS SYSTEMS

Thank you for
Supplying all printing
solutions for the Bulls
and District
Community Trust

THANK YOU

Hapori whānui/Community Groups

BULLS & DISTRICT FRIENDSHIP CLUB

We meet each Friday in our hall on the corner of Daniel & High Street

Our doors open at 1pm entertainment starts at 2pm with afternoon tea to follow, raffles and sale table to enjoy.

Our committee meet the 2nd Tuesday of the month.

We had our first session for 2024 on 26 January.

Looking forward to catching up with you all and meeting new friends, all welcome.

Take care & hoping you are coping with the heat.

For further Information please contact:
Elaine Jeffree (president)
On 06 322 1494

BULLS RSA LADIES

First meeting for 2024 is the 7 February at the RSA Lounge, 1pm

We have been invited to visit Ashurst on 14 February

Unfortunately we had to cancel our annual Christmas meal at the Manawatu Boating Club due to other commitments.

Our section would like to congratulate Diane Wilson on her national presentation for the women's section, receiving the National New Zealand Order of Merit in the new years honours for her services to The RNZ Returned Services Association
Diane moved to Bulls from Taupo.

Take care all!

For information contact:
Elaine Jeffree 322 1494



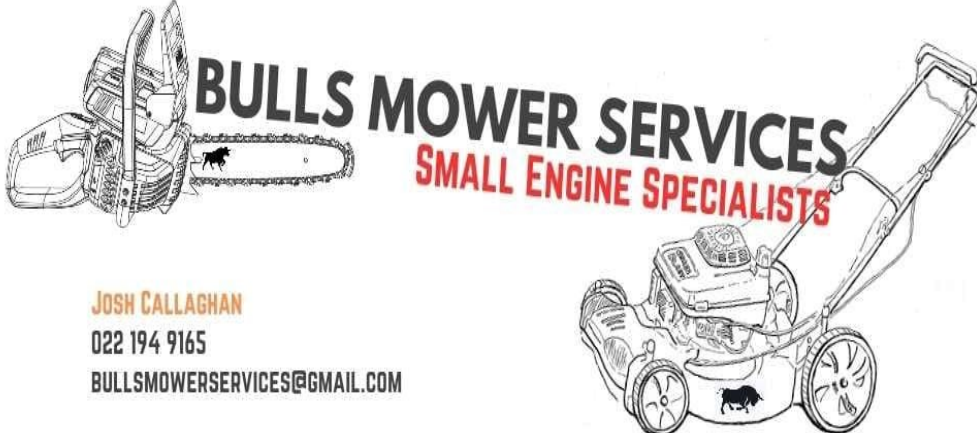
SOUTH RANGITIKEI DOG TRAINING CLUB

**Every Tuesday Starting
13 February 2024**
at our Club grounds, Bulls Domain
we start at 5.30pm

Contact Margaret on
021 0222 8626



Support-a-Bull



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BAYLEYS ALTOGETHER BETTER



BULLS & DISTRICT COMMUNITY TRUST
To our funders, we would like to thank you for your ongoing support in 2023:
COG's, DIA, Lotteries, Rangitikei District Council, Pub Charity, Whanganui Community Foundation, Catalytic Foundation and Dudding Trust

Pānui Hauora / Community Health News

Kia ora Everyone

Christmas has been and gone and now School is about to start up again. We hope you had a safe break away or a nice staycation.

After considerable discussion and thought, from

3rd February, 2024, Bulls Medical Centre Ltd will now be open every Saturday morning from **8am to 11.45am**. This is for emergencies only, **not** for standard consultations. After these hours please contact **WHAM 063481300, 100 Heads Road, Whanganui**.

If the heat is getting to you please ensure you drink plenty of water and ensure that you keep cool.

Our staff have been working hard to fulfill your needs and requests. Sometimes we may have a delay, please be patient and if you think you may have been forgotten don't hesitate to let reception know.

REMINDERS :

Don't forget your First year University and boarding school immunisations.

HPV Swabs have now replaced cervical smears for most women.

If you have any concerns about anything please do not hesitate to contact **Bulls Medical Centre Ltd 06322 1222**, or use your **Managemyhealth app** to contact us.

From All the staff at Bulls Medical Centre Ltd

Pānui Hākinakina/Sports Updates



BULLS
HEALTHY
BASTARDS
SENIORS

Senior B training begins on the 1st of February

All new players are welcome!

We welcome Joe (Hutch) Hutchinson as the Bs head coach for 2024. Everyone is looking forward to a new season, we're keen to build on the successes we had in 2023.



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BULLS NETBALL CLUB

Our first get together is Sunday the 18th of February, 10am down at the Bulls domain. Bring your netball shoes, ice cold drink bottle and positive attitude! We will have another session on Sunday the 25th of February at 10am.

Netball Manawatu grading begins on Saturday the 20th of April. We are working behind the scenes to have some pre-season games for all of our teams. Our minimum intended grades this year are Premier, Senior/Social and Development.

Please join us on our Facebook page [Bulls Netball Club | Facebook](#) to register electronically.

Don't hesitate to contact us if you have any queries.



BULLS JUNIOR RUGBY

If you have kids aged 4 to 12 that are keen to play rugby keep a eye on the Bulls Junior Rugby Facebook page [BULLS JUNIOR RUGBY | Facebook](#) for updates and further information, the date is yet to be confirmed.

Only \$20 per player \$50 for a family to play, please reach out with any enquiries via email bullsmidgetrugby@gmail.com