Do-A-Bulls In & Around Bulls



JIU JITSU – LIFE SKILLS

The Art of Self Defence

Japanese JIU JITSU or the 'Gentle Art' as it is one of the more effective forms of self defence because of its large array of techniques taught. These include CHOKE LOCKS, BONE LOCKS, GRAPPLING, THROWS, PALMING and REDIRECTING, PRESSURE POINT STRIKING and EXPLOSIVE MOVEMENTS OF DEFENCE.

The ability to use non-lethal control and restraint techniques to disarm and detain assailants with minimum force and maximum efficiency makes Jiu Jitsu an easy choice for Police, Prison Officers and Military Personnel, as well as those wanting to learn practical techniques to be able to defend themselves and others with confidence.

Unlike some martial arts, Jiu Jistu is NOT A SPORT – it is a system of defence where there are no rules other than survival!

The Bulls Dojo was founded in 2015 under the guidance and tutelage of the late Professor Shihan (Master) Dave Millar, who was an internationally recognised 8th Degree Black Belt in Jiu Jitsu. The Bulls Dojo honours Professor Shihan Millar's legacy by continuing his teachings under the experience of his protégés, Sensei Tony Casey (3rd Degree Black Belt) and Sensei Mark Marsden (2nd Degree Black Belt).

Training is every Thursday evening at the St James Hall, 10 Daniel St, Bulls.

Juniors (Yr 3-8) 6pm – 8pm

Seniors (Yr 9+) 6:30pm – 8:30pm

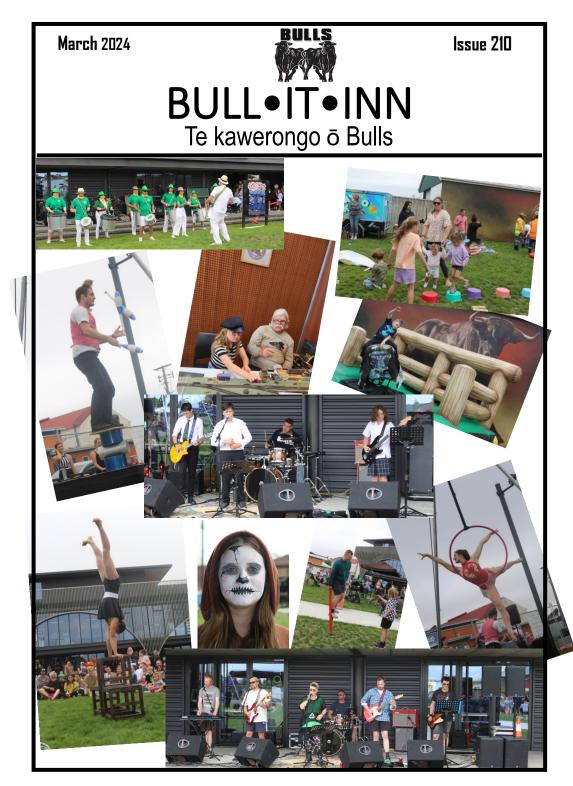
Email: service@fauldings.co.nz

Contact: Sensei Mark: 027 765 527 or Sensei Tony: 021 251 6283

Facebook: /jiujitsulifeskillsnz

Everyone is welcome - First lesson at no cost.

Experience Jiu Jitsu and learn valuable life skills!



You Herd It Here



Wow!! What a fabulous event the first annual Fest-a-Bull was, thank you to everyone that made the Fest-a-Bull a great event. Shout out to:

Miss Twister, Please Do Not Touch, Samba ao Vento, Lovely Face Painting, Colossal Circus, Rangitikei High School, Sport Whanganui, Beat a Bull, Clifton School, Bulls Historical Society, Marton Arts and Crafts, Bulls Community Committee, Bulls RSA, Highland Evolution,

St John's, Bulls Model Trains, Marton ICT Hub, Mahi Tahi (Mayors Taskforce/Heartland), Ju Jitsu, Bulls Food Pantry, Zero Gravity. I hope everyone had a wonderful day. *Who wants another Fest-a-Bull?* To help funding for another one it would be greatly appreciated if you could put in writing how much you enjoyed the event and that you support it being an annual thing.



Thanks Colin Bartlett for keeping our Bulls coat shiny and black, these wonderful assets to our community sure get well used. You are awesome Colin!

A huge giant colossal thank you Brian & Tarnea from Bulls 4 Square for your 15 years of devotion and commitment to the Bulls community, you will be missed by all. We wish you well on your next adventure xx



Keep an eye on our Face Book page Bulls NZ <u>Facebook</u> for updates on other exciting things the Trust is doing in the community and please reach out if you have a suggestion, want to volunteer or just want to know what we have planned.

Take care and keep smiling, from Heidi :-) Your community co-ordinator







++++ Cafe Chef - Cook ++++
Are you passionate for hospitality?
Can you work as a team player as well as being self directed?
You will need proven ...
++ communication, organisation, planning & budgeting skills ++
experience in cafe short brunch / lunch menu
plus foh skills, as well as a customer centred focus
to all aspects of your work.
Preference for applicants who live handy to Bulls with clean drivers
licence and able to work weekends. Hours negotiable.
email your cv to Chris at mintbulls@gmail.com



You! Yes you! Are pretty Awesome. Keep it up.



Ace Plastering Ltd

JASON TOKI 0272538163 ACC.PLascering2019@Gmail.com

New builds Alterations Renovations



WELCOME TO THE BULLS RSA

55 High Street, Bulls 06 322 0875 New members are always welcome, come on in and have a look around. Annual Subscription is \$40. Our opening hours are as follows:

- Monday closed except for Public Holidays
- Tuesday/Wednesday/Thursday 4pm till close
- Friday 3pm till close

card.

Saturday/Sunday 1pm till close

Our low membership fee of \$40 gives you the following benefits:

- Monthly birthday draw – put your names into the container, if it's your name drawn a \$30 bar tab is loaded to your membership

Membership Draw – Friday nights

- Plus Saturday Nights between 4pm and

between 6.15 and 6.30pm

(must be present to claim)

(must be present to claim)

- Courtesy Van available.

\$500 Jackpot.

6pm is a 2nd Membership Draw

- Joker Draw Friday nights 7.00pm

- Access to all affiliated clubs in NZ

- Karaoke the last Friday of the month.



Courtesy Van Courtesy Van available, donations welcome to help with the upkeep/ fuel when it is in use.

WEDNESDAY NIGHTS

Texas Holdem Poker

THURSDAY NIGHTS Handle night, \$5.50 between 4-8pm

FRIDAY NIGHTS Darts, Pool, Meat and \$50 Raffles

Poppies Kitchen—Friday Nights

We do not have 3 course meals, but we do have Poppies Kitchen

PAUL SHARLAND

You Herd IT Here

STANDING FOR SOUTHERN WARD



I have lived in the Southern Ward for 52 years, 20 years at Flock House and Scotts Ferry and for the past 32 years in Bulls, married with two adult children and four grandchildren

I have served on a number of Community Organisations. Player, coach, secretary and Life Member of the Bulls Rugby Club, St John Health Shuttle Driver, treasurer of the Bulls Community Patrol, a current Committee member of the Bulls Historical Society and the Project Director of The Bulls Commemorative/Chris Amon Centre.

My working life has been in the Agricultural Sector with 20 years Tutoring at Flock House, Cadet Officer for the Farm Cadet Scheme, Regional Manager for Farmsafe in conjunction with running my own Agricultural Health & Safety Consultancy Business for the past 32 years

My passion and belief for the Southern Ward has encouraged me to stand.

Authorised by Paul Sharland 63 Johnson Street Bulls







Do-A-Bulls In & Around Bulls

3 MarchTE RÂ O NGÂ TAMARIKI 6 March Bulls Junior Rugby Muster 31 March Winged Thunder Harrisville 7 April Marton Harvest Festival 28 April Suzuki 4x4 Challenge June Tradie's Breakfast - Dr Dave July Wear-a-Bull Arts 8 - 14 July Art 4 Arts Sake

70

READ-A-BULL

Bulls Book Club meet at the Bulls library, Te Matapihi on the 1st Tuesday of every month.



All Welcome!!





Council News

 0800 422 522 (24 hrs) | info@rangitikei.govt.nz |
 RangitikeiDC

 FROM THE
 Mayor'S Desk
 Southern Ward

Kia ora koutou, there are a couple of major Council events happening at the moment – first is the by-election to get a new Southern Ward Councillor. We have received

nominations from four people for that vacancy and no doubt they will be out in the community looking to raise their profiles over the next few weeks with the final date for the election process being 12 April.

The other event is the Long Term Plan 2024-2034 (LTP), Council is looking to adopt the LTP this month so March will be dominated by in excess of 20 public meetings to discuss the implications of what Council intends to do, how it will be funded and also be able to talk about how we fit in with Government's position. We will put out a list of consultation meetings over the next few weeks and I would urge you to attend one of these public meetings or at the very least if you want to discuss certain subjects please don't hesitate to contact me.

Ngā mihi, Andy Watson, Mayor of Rangitīkei.



Nominations for the by-election closed at midday today (15 February 2024). Council's Deputy Electoral Officer, Carol Gordon advised that "four nominations were received which means there will be an election for this ward. The nominated candidates are:

- Mark Anderson
- David Christison
- Gail Reid
- Paul Sharland

In late 2023 Jarrod Calkin resigned from his role as Councillor for the Southern Ward meaning a by-election needed to be undertaken.

Voting documents will be sent to eligible voters in the Southern Ward from 21 March 2024 and voting will close at 12pm on 12 April 2024.

We encourage all those eligible to vote to make sure they do; this is your opportunity to have input into the voice at council who will be representing your community.

Regional Land Transport Plan | Mid-term review 2024

Help Horizons improve the way people and products move across the region by having your say in this mid-term review of the current RLTP. Make your submission before 5pm, 11 March 2024.

haveyoursay.horizons.govt.nz/rltp2024



www.rangitikei.govt.nz

Hapori whānui/Community Groups



ST THOMAS'S SANSON

Family service on the third Sunday of the month 9.30am

ALL WELCOME



s ice

ST ANDREW'S BULLS

> Family service with communion on the first

Sunday of the month at 9.30am ALL WELCOME

TE WHAEA AROHA NOA

The Parish of Our Lady of Grace

HOLY MASS EVERY THIRD SATURDAY AT 5.30 PM

10 DANIELL STREET, BULLS PH: 021 201 1203



ST JAMES PRESBYTERIAN CHURCH DANIELL STREET BULLS

Church services on the 4th Sunday of the month at 9.30am

ALL WELCOME with morning tea to follow.

Do-A-Bulls In & Around Bulls

BULLS YOUTH CLUB

BROUGHT TO YOU BY THE BULLS & DISTRICT COMMUNITY TRUST

After School During The School Term

MONDAY 4 - 5pm Art Class @ Te Matapihi

TUESDAY 3.30 - 4.30pm Minecraft & 4 - 6pm DnD @ Te Matapihi

WEDNESDAY 3.30 - 4.30pm Multi Sports Ages 8-16 @ Te Matapihi Bulls & Marton face off in a competition on 3rd April

> THURSDAY 3.30 - 5pm Bowling @ Bulls Bowling Club

Email office@bulls.kiwi to register interest



GOLF SKILLS NEXT TERM :)





www.rangitikei.govt.nz

Do-A-Bulls In & Around Bulls

WINGED THUNDER



Easter Sunday - March the 31st at midday. Racing at noon. Gates open at 10am. *Sprint cars - Midgets - Mini Sprints* The best racing on New Zealand's best privately owned track. **A great family day out!** Entry Prices: Adults \$30.00 - Children 10-16yrs \$15.00 - Under 10's free Family 2 adults and 4 children \$80.00 Eftpos/cash at gate. NO refunds. *Please note there are NO online sales - only gate sales.* Harrisville and Winged Thunder Merchandise for sale from 10:30am. Food, coffee and drinks for sale. You may bring your own food. NO BYO. NO DOGS. Camping \$10.00 per person per night. You must register at the Saloon upon arrival to be allocated a camp site.



BULLS & DISTRICT COMMUNITY TRUST To our funders, we would like to thank you for your ongoing support: COG's, DIA, Lotteries, Rangitikei District Council, Pub Charity, Whanganui Community Foundation, Catalytic Foundation and Duddina's Trust

Hapori whānui/Community Groups

MOBILITY EQUIPMENT WHANGANUI

We would like to thank Graeme Rosewarne from **Mobility Equipment Whanganui** for his support and generous donation of a step with handle to help passengers enter and alight from our Community Van.

If any of our community require assistance with making life a little easier such as wheelchairs, mobility scooters and walkers, you will find Graeme very helpful and keen to find solutions to any of your mobility problems.



You can reach Graeme on 06 345 8599 or 021 119 5118



The Bulls Food Pantry OPEN FRIDAY from 3.30pm-4pm

ST JAMES PRESBYTERIAN CHURCH HALL, DANIELL STREET All are welcome!

If you have any donations please call: Annabel on 027 448 3777



Alzheimers Whanganui

We are here to support family/whānau and any one in our community affected by Dementia

If you have concerns about Memory loss; Changes in cognitive behaviour or a Diagnosis of Dementia

And would like to see Fiona or Michael to discuss your concerns, please ring or email to book a time to meet.

Fiona will be in Marton on Monday April 29th 2024 9.30 a.m.—3.30 p.m. Contact details: Fiona 027-557-4073 Email: livingwell@alzheimerswhanganui.org.nz Michael will be in Taihape on

> Monday April 29th 2024 1.30 p.m -3.00 p.m

Contact details: Michael 027 266 3757 Email: manager@alzheimerswhanganui.org.nz BULLS INDOOR BOWLING CLUB St James Presbyterian Hall Daniell Street

Starting 19 March at 7.30pm Come along & have a go.

Coaching available Friendly Club New members always welcome!

> For more info contact: Kevin Ellery 06 322 1362



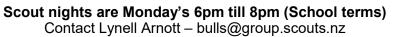
Hapori whānui/Community Groups

BULLS AIR SCOUTS

We are now taking enrolments for

2024 Keas 5yrs – 8yrs Cubs 8yrs – 11yrs Scouts 11yrs – 14yrs

Leaders and Adult Helpers over 18yrs always welcome Police vetting is required for youth safetv



Ruahine Bulls Kindergarten





At Ruahine Bulls Kindergarten we have been exploring the garden to table concept by using vegetables harvested from our garden and some that have been donated to make pickles and chutneys. Yum!

If you would like your child to experience all that we have to offer at Ruahine Bulls Kindergarten, please don't hesitate to contact us. Phone: 06 322 1466

Email; bulls@rka.org.nz

Or pop in and see the team at 30 Wilson Street Bulls.

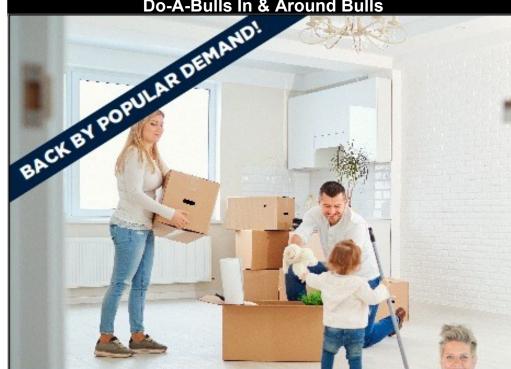
We look forward to meeting you!







Do-A-Bulls In & Around Bulls



BAYLEYS PROPERTY SERIES BUYING YOUR FIRST HOME

In conjunction with vega and your local Bayleys agent, Heidi Macaulay

Our specialists will help you understand:

- The methods of sale.
- When is the best time to buy?
- How do I get finance approved?

Lets go shopping!

BAYLEYS MID WEST, LICENSED UNDER THE REA ACT 2008

BAYLEYS ALTOGETHER BETTER

WHEN: Thursday 21st March 2024

5:30pm - 7:00pm

RSVP BY:

Friday 15th March 2024, 3pm pnevents@baylevsmidwest.co.nz 06 357 4989

WHERE:

Te Matapihi 4 Criterion Street Bulls

Residential / Commercial / Rural / Property Services

Do-A-Bulls In & Around Bulls O NGĀ TE RA CHILDRENS TAMARIKI EVERY YEAR AOTEAROA CELEBRATES TE RÃ O NGÃ TAMARIKI - CHILDRENS DAY. A CHANCE FOR WHANAU TO CONNECT AND ACKNOWLEDGE THE **IMPORTANCE OF OUR BABIES** TE KÕTUKU HAUORA INVITES ALL OF OUR WHĀNAU TO JOIN US

IN A FUN-FILLED DAY AT:



FOR THE WHOLE WHANAU TO ENJOY!

FURTHER ENQUIRES. PLEASE CONTACT: shonee@tekotukuhauora.co.nz - 027 555 3327 chayne@tekotukuhauora.co.nz







AGE STZZLE AND L

Hapori whānui/Community Groups















Located at 198 Bridge Street, Bulls (in the Anglican Church hall)

Happy New Year // Ngā mihi O te tau hou!!

We hope you all enjoyed a well deserved break and that you've been making the most of this warm weather!

We are back to business as usual now! If you haven't popped in this year yet, here's a reminder of our hours: Tuesday's: 3:00 - 5:00pm Saturday's: 9:30 - 11:30am



Our Bulls Toy Library was originally started in 1997, and then closed for 10 months in 2016, and reopened in July 2017. Since then we have seen hundreds of kids grow up using our toys.

We aren't like a regular book library, which is government funded. We are driven by a group of volunteers who love what we do.

We always welcome new members - Come on down and say hello! Maree and Julianne they will be happy to see your smiling faces!

You can also sign up online at: https://bullstoylibrary.setls.com.au

Find us on Facebook to keep up to date!





BULL-IT-INN ENQUIRIES

March articles or adverts need to be submitted by the 25th of March to office@bulls.kiwi





Supplying all printing solutions for the Bulls and District Community Trust



Hapori whānui/Community Groups



BULLS & DISTRICT FRIENDSHIP CLUB

We meet every Friday in our hall on the corner of Daniel and High Streets.

Our doors open at 1pm, entertainment starts at 2pm with afternoon tea to follow. Raffles and sale table to enjoy

Our committee meets the 2nd Tuesday of the month at 10am.

On 13 March there is a "Just Friends" day" at the Presbyterian hall at 1pm with stalls and raffles. Entertainment for the day will be 'Just Jamming' a ukulele group.

22nd March will be our AGM at 12:30 and our usual programme will follow.

Welcome all, come and check us out.

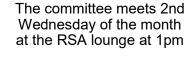
Take care and keep well

For further Information please contact: Elaine Jeffree (president)

SOUTH RANGITIKEI DOG TRAINING CLUB

Every Tuesday Starting 13 February 2024 at our Club grounds, Bulls Domain we start at 5.30pm

> Contact Margaret on 021 0222 8626



We had a great day out on 14 February when we visited Ashhurst Women's Action for our annual picnic meeting.

BULLS RSA LADIES

There were stalls and raffles. our section managed to bring home 6 raffles and 2 spot prizes.

A lovely lunch and good to catch up with the other Women's Action members.

Keep Well!

For information contact: Elaine Jeffree 322 1494





Do-A-Bulls In & Around Bulls

CALLING ALL BULLS/RANGITIKEI BASED ARTISTS, MAKERS, AND CREATIVES reatu RANGITĪKEI

Join our Rangitīkei Arts Directory

and become part of a district wide network of professional makers and creatives.

This initiative is being organised by the Marton Arts & Crafts Centre. Please visit out website macc.org.nz and go to the Creative Rangiti kei page or email us on macc.information@gmail.com for more information.

MEMBERSHIP BENEFITS INCLUDE Opportunities to connect, exhibit and

sell your work throughout the year

- Whanganui Artist Open Studios Arts Hub
- Art Trail Manawatu Arts Hub
- Marton Arts & Crafts Annual Exhibition
- · Discounted Makers Market stall space
- Display space at Art Centre
- Access to Arts/Makers Directory for our Rangitīkei based creatives

Also our regular benefts

- Discounted use of facilities
- · Priority bookings for events and activities
- Discount on tuition fees for workshops
- Use of concession cards
- Newsletters



ARTS DIRECTORY Please contact us regarding a listing for your creative practice, tell us a bit about yourself, your medium/s and what you like to create, please include an image or two of your work.

MAKERS DIRECTORY We'd love to hear about all the wild and wonderful things you're making out there in the Rangitīkei - whether it's soaps, knives, bird boxes or crochet animal hats drop us a line, tell us your story, and what makes your products different from the rest, please include an image or two of your creations.

Cost to join the Marton Arts & Crafts Centre membership is \$40 for 2024 For a directory listing there is an additional \$10 set up/ admin fee annually.



Memor-a-Bull

Alive and Well in Bulls

The little museum that punches above it's weight

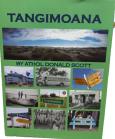
Here we are nearing the end of another month and so time marches on. Last month saw 655 visitors through your local museum and so far this month we are up to number 311.

Visitors from near and far with many positive comments. One comment from a couple from Napier a few days ago was of thanks to the volunteers for the service to the community and the museum is a credit to the town.

Meeting these visitors and hearing these comments is really pleasing and gives one a "buzz", making volunteering worthwhile.

New in to the museum, we have copies of the book Tangimoana, by Athol Donald Scott. RRP \$97.50 but we are selling these from the museum for \$80.

450 pages covering early days, and all aspects of life within and nearby Tangimoana includes names of teachers and storekeepers etc.



The museum held a display at the Fest-a-Bull day, showing the Scotts Ferry floods of 2004 and also Chris Amon.

Did you know it is 20 years since the Scotts Ferry floods and on the 18th February an anniversary bar-b-que was held for those who were either affected or assisted in some form, during this event. We have this display currently in the Bulls Museum, so come on in to have a look.

MEADS FAMILY TREE 1803 - 2023

We have been given a copy of the Meads Reunion book, which took place recently and these can be purchased by emailing Tamie on meadsreunion@gmail.com.

We have had a number of research enquiries of late and as such, the museum is a great repository for all this information.

Our ever popular jars of jams and other merchandise is selling well and a favourite for those patrons returning to us specifically for these products. This plays an important part of fundraising for the running of the Bulls Museum.

Thank you for your ongoing support.

The Bulls and District Historical Society has their AGM Wednesday, March 13th 2024 at 7.30pm at the Bulls Museum. *Everyone welcome, with a cup of tea to follow the meeting.*



Have you heard about our Community Van?

The Bulls and District Community Trust has purchased a 12 seater van, a community focused approach for those who have transportation challenges. We want to ensure that you, your whanau, or your community groups will get to where you need to go.

There is a minimal cost, please contact to discuss.

For more information and booking enquiries please call 021 174 5951 or email <u>office@bulls.kiwi</u>



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Pānui Hākinakina/Sports Updates

BULLS JUNIOR RUGBY





MUSTER DAY 2024

We invite all children ages 4–12 to come along

Wednesday 6th March

5–6.30pm Club Room, Bulls Domain

Free sausage sizzle

Forward Thinking, Fast Moving / Corrinna Bunning 021 136 3273

FROM THE PRINCIPAL'S PEN TERM ONE 2024

Welcome • Haere Mai • Talofa Lava • Bula • Hallo • Susadei

Kia ora koutou,

The year has started so well here at Clifton. We had a wonderful start to the year with our Whakatau. This is always a highlight of each term where we welcome the new children and families to the school and this one was no different. The first few days are always a buzz around the school with the students reacquainting themselves with their friends and the stories and laughter make it clear that they are pleased to be back. Earlier this week we had a school trip to Mt Lees reserve. This was a very successful trip with the children having so much fun. There was a walk through the gardens as part of a scavenger hunt and a lot of playing on the equipment there as well as activities and games led by Sport Whanganui. Thank you to all the parents who came and joined in and I hope you enjoyed it as much as the kids and staff. Also thanks to those from the Defence Force who came and helped as well as Libby from Sport Whanganui.

All staff and students are looking forward to our annual Easter bun drop off later this term and we would like to thank Bulls Four Square for their willingness to accept the buns on our behalf from the transporter. This is much appreciated.

We hope that you have all had a great start to the year and we look forward the year ahead. Ngā Mihi

Adrian Burn

Clifton School Tumuaki





Pānui Hauora / Community Health News

Support-a-Bull

Harcourts **Audrey Grinter**

M. 021451708 06 353 1925

E. audreyg@watsonintegrity.co.nz

watsonintegrity.co.nz W.

Contact me with any property management

inauiries!

will now be open every Saturday morning from 8am - 11.45am. This is for emergencies only, not for standard consultations. After these hours please contact:

Bulls Medical Centre Ltd

063481300 WAM **100 Heads Road, Whanganui**

Brain

Iniurv

We act as a support service for those who need

advice, direction, and assistance with their day-

Support Groups for Clients & Whanau Information and Resources about Brain

Area Whanganui-Waverley-Waimarino-

to-day management of a brain injury.

Community House, Room 104, 60 Ridgway Street | PO Box 102, Whanganui 4541

P 06 347 9721 | M 027 227 1202

E liaison.whanganui@brain-injury.org.nz FB @BIAWhanganui

Every day, 90 New Zealanders sustain a brain injury

Liaison Officer

Advocacy service

Iniuries

Rangitikei

'teamlewis



Designed for Men and Women



Come along and have a go!

BULLS FRIENDSHIP HALL 10am-11am Wednesdays

Enquiries: Janet Lewis Steady As You Go[©] Coordinator Phone: 06 3451799 saygo@acwhanganui.org.nz

\$3 per class

innovation

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